



Fish Species
Rainbow Trout

Species Description

2,000 yearling rainbow trout are stocked into Sand Lake No. 1 each year. No natural reproduction occurs here, however survival is good and multiple year classes are typically present in the lake.

Geographic Coordinates

Lat:44.717925 / Long:-85.360094

Noteworthy

Sand Lake No. 1 can be found within the Sand Lakes Quiet Area and there are five lakes in the Sands Lakes system. As part of the Quiet Area motorized vehicles are prohibited, so access is hike-in or carry-in only. The lake can be most easily fished with a kayak, canoe, or by wading. Most of the shoreline of Sand Lake No. 1 is wadeable, though much of the bottom is a sand/marl combination and can be soft in some spots.

Fishing Regulations

Sand Lake No. 1 is designated a Type C trout lake. Please refer to the Inland Trout and Salmon Lake Regulations in the current Michigan Fishing Guide.

Directions to Site

Sand Lake No. 1 is located between Kalkaska and Traverse City south of M-72. From Williamsburg, drive east on M-72 to Broomhead Road. Turn right (south) and continue about 3.5 miles to Sand Lake Road. Turn left (east) and continue to the designated parking area. Follow the trail back to Sand Lake No. 1, approximately 0.4 miles.

Regional Visitor Information (URL)

traversecity.com